

INSTRUCTIONS for WEAR of TRANSITIONAL ACRYLIC DENTURES

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- Dentures inserted at time of tooth removal/surgery can be used as a “bandage” during the first day of healing. The denture should not be removed at night during the first 24 hours after surgery. Initially, the denture should only be removed to rinse after eating. It should then be reinserted immediately.
- Utilize a mirror to align denture properly before seating. You will be instructed in how to remove and insert your denture. With practice, it will become routine.
- Do not bite denture into place.
- After initial healing, the denture should be removed at night to allow the underlying tissues to “breathe”.
- After eating, the denture should be removed, rinsed and reinserted.
- Dentures should be cleaned daily. This is typically done at night. The cleaned denture is not then reinserted until the morning.
- Do not use toothpaste to clean your denture. Instead, mild dish soap can be used with a toothbrush. A solution of half vinegar and half water can be used as a soak once per week to help remove tartar and stain from the denture.
- Be careful to not drop your denture in the sink. Consider filling the sink with some water before performing denture hygiene.
- Keep dentures away from pets.
- Dentures may need adjustments with healing. Please keep post-op appointments or call our office with any questions or concerns.